



Contraceptives!

Method:	Example:	Offered By:
Permanent Sterilization	Hysterectomy, Vasectomy	Surgeon
Long-Acting Reversible Contraceptives	Hormonal IUD, Non-hormonal IUD, and Subdermal Implant	Provider
Contraceptive Injections	The Shot	Provider or Pharmacist
Short-Acting Hormonal Methods	Ring, Patch, Pill, Mini pill	Provider or Pharmacist
Emergency Contraception	Plan B, Ella, Copper IUD, Liletta, Mirena	Provider or Pharmacist
Barrier Methods	Condoms, Diaphragms, Sponges	Over the Counter
Natural Methods	Pull-out, Calendar	Over the Counter

For more info go to: [bedside.org](https://www.bedside.org); [findmymethod.org](https://www.findmymethod.org); [threeforfreedom.com](https://www.threeforfreedom.com)



You can talk to a provider about contraceptives at your local **School Based Health Center** or go to a **NMDOH Family Planning Clinic**. You **do not** need to be a US citizen to get clinical services with NMDOH.

SW
LC

Pharmacies that stock contraception drugs and devices **must give patients access to them and cannot turn them away**. If the pharmacist refuses to give you contraception, write down their name, the name of the pharmacy, and contact the **SWLC** or the **ACLU**.

For more information, contact the Southwest Women's Law Center at info@swwomenslaw.org and learn more about contraceptives via this QR code:



The information provided here does not and is not intended to constitute medical or legal advice; instead, all information, content, and materials are for general informational purposes only.

